COFFEE AND CONVERSATION

Every Wednesday
from 10-11 am
November 2026

Join Our Weekly Speaker Series!

Attend via Zoom

Wed, November 4, 2026: ***Self-Driving Cars: A Firsthand Experience***

What's it really like to own and use a self-driving car as an older driver? Senior and proud Tesla owner Mary Kemmer will provide a firsthand look at how this rapidly evolving technology works in everyday life. Learn how features such as automated driving, parking assistance, lane changing, and highway navigation can reduce driving stress and help older adults maintain mobility and independence. The talk will also cover the technology's limitations, safety considerations, and situations where the driver still needs to take control.

Wed, November 11, 2026: ***Should I Use AI for that?***

AI can help with everything from planning a trip and comparing products to writing emails, researching a topic, or learning something new—but it isn't the right tool for every situation. Barbara Fillip of Fillip Consulting will explore when AI is useful, when it isn't, and how to use it wisely. Through everyday examples, you'll learn how AI can save time, generate ideas, simplify complicated information, and help you get things done—while also learning when to double-check its answers or turn to a more reliable source. (*Description written by ChatGPT!*)

Wed, November 18, 2026: ***Getting the Most Out of Your AARP Membership***

AARP membership offers much more than many people realize. From discounts on travel, restaurants, shopping, entertainment, and everyday services to resources for navigating Medicare, Social Security, retirement planning, fraud prevention, and healthy aging, membership can provide valuable benefits at every stage of life. Lynn Ray, AARP Volunteer, will explore the many benefits available to AARP members, including some you may not know about, so you can make the most of your membership.

Wed, November 25, 2026: ***Talking Turkey***

Thanksgiving memories and stories. Join other ANV members, volunteers and friends as we serve up our favorite Thanksgiving stories. What was Thanksgiving like as a child? What is your favorite tradition? Your favorite dish? What was your most unusual Thanksgiving? Anything is fair game, as long as it relates to Turkey Day, so come prepared to dish!

More information and how to join via Zoom can be found at
ANVarlington.org/events

For more information or to learn about the benefits of becoming a member of Arlington Neighborhood Village, contact us at 703.509.8057 or visit ANVarlington.org