

COFFEE AND CONVERSATION

Every Wednesday
from 10-11 am
October 2026



Join Our Weekly Speaker Series!

Attend via Zoom



Wed, October 7, 2026: *Election Security and Administration*

Confidence in our elections depends on more than preventing voter fraud; it requires ensuring that eligible voters can cast their ballots, votes are accurately counted, election systems are secure, and results are protected from interference. From voter registration and ballot security to cybersecurity, misinformation, election administration, and public understanding, elections involve a wide range of considerations. A representative from the Arlington County Office of Voter Registration & Elections will discuss the safeguards used to administer elections, the challenges election officials address, and how voters can distinguish legitimate concerns from unsupported claims about election security.

Wed, October 14, 2026: *MemoryBanc*

Many seniors worry about what will happen to them when they can no longer manage their own finances, and realize that auto-pay alone is not a practical solution to cover management of their bill pay. Add to that the ongoing and ever-changing threat of frauds and scams, and being capable of managing on your own can create unneeded stress. If you don't have a close friend or family that you can trust to help you, or don't have a Durable Power of Attorney with someone who can help you, Daily Money Managers are one of many options that can fill this gap. Join Kay Bransford, Founder and President of MemoryBanc, as she discusses the benefits of working with a Daily Money Manager, as well as other options to ensure someone has the ability to manage your daily finances even through a temporary incapacity.

Wed, October 21, 2026: *Arlington Public Library*

As any library patron knows, Arlington Public Library is much more than a place to borrow books. It combines the resources and innovation of a sophisticated urban library system with the accessibility and community spirit of neighborhood libraries. From its Library of Things and makerspaces to its preservation of Arlington's history, sustainability initiatives, and wide-ranging educational programs, Arlington Public Library has embraced an expansive vision of what a modern public library can be. Join Victoria Dale, Adult Outreach Librarian, for an inside look at what's new, what you may not know about, and what's ahead at Arlington Public Library.

Wed, October 28, 2026: *What is a Geriatrician?*

A geriatrician is a doctor who specializes in caring for older adults. They focus on managing multiple health conditions, medications, mobility, memory, and overall quality of life, while helping patients maintain independence and age as healthfully as possible. Dr. Michelle Lee, a geriatrician from VHC Health in Alexandria, will join us to share more about this medical specialty as well as common conditions she treats.



More information and how to join via Zoom can be found at
ANV Arlington.org/events



For more information or to learn about the benefits of becoming a member of Arlington Neighborhood Village, contact us at 703.509.8057 or visit ANV Arlington.org