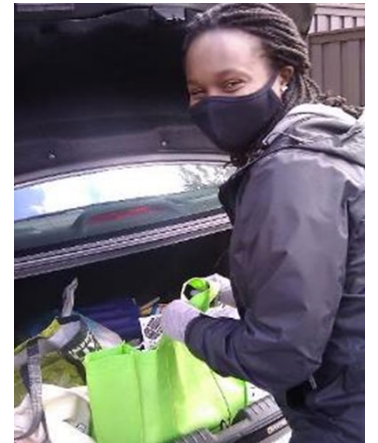




Outreach Training

August 3, 2026



Agenda

- Welcome and introduction
- Overview of ANV
- Talking points on membership and volunteering
- Guidance for tabling events
- Tips and best practices
- Questions and discussion



Villages Across the Nation

- Started 25 years ago in Boston, MA
- Today, there are more than 300 villages across the nation, and more than 70 in the DMV!
- Many in Northern VA:
 - At Home in Alexandria
 - Mount Vernon at Home
 - Lake Barcroft
- Information about other villages can be found through the Village to Village network:
www.VtVnetwork.org



Organizational History

- Founded in 2014 by a group of neighbors
- Developed innovative volunteer-driven model
- Grew to 500+ members today from all over Arlington
- Built strategic partnerships across Arlington
- Expanded from basic services to comprehensive support



What is Arlington Neighborhood Village?

ANV provides the “extra help” that an older adult needs to be able to age in the home and community that they know and love.

320+ volunteers deliver services like rides to medical appointments, errands, and foodbank deliveries to an economically and culturally diverse membership.

And we help to ward off the isolation and loneliness that can come with age.



ANV's Services

Practical Help

- Transportation to medical appointments
- Grocery shopping assistance
- Home maintenance help
- Technology support
- Yard care and gardening

Social Support to Prevent Isolation

- Daily check-in calls
- Friendly visits
- Walking companions
- Robust monthly calendar of activities and events
- Wellness and educational programs

4,640 services fulfilled in 2025



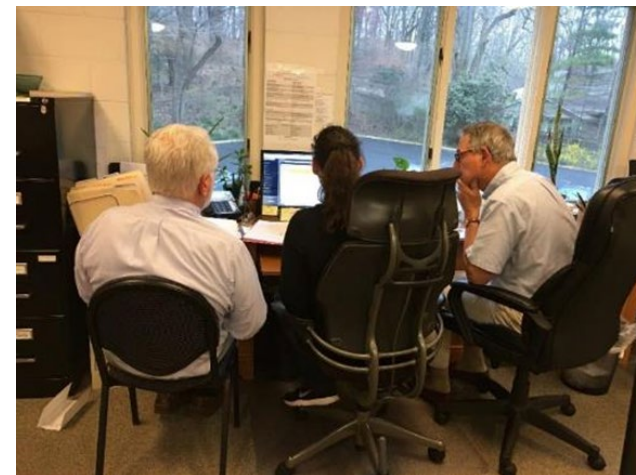
Demographics: Who are our Members?

- 503 Members, aged 58-102 years old
- 74% are female
- 43% are over 80; 86% are over 70
- 66% of our members live alone
- 48% participate in our Discounted Membership program
- 31% have mobility, eyesight, or hearing challenges
- 17% represent diverse backgrounds



How do we get the job done?

- Small paid staff: Executive Director, Member Services Director, Operations Specialist, Volunteer Coordinator, Chief Development Officer
- Sustainability Strategy:
 - Membership fees (\$500/year)
 - Grants
 - Donations
- Expenses
- Volunteers provide behind the scenes management support
- Financial Aid Fund pays 80% - 95% of the membership fee for lower-income seniors (income under \$69,000)



Overview of Volunteering

ANV's Committed Volunteer Corps

Volunteers provide practical help and social support to keep seniors safe at home. In 2025:

- 320+ active volunteers
 - 2,360 roundtrip rides
 - 750 errands
 - 580 home chores
- Drove 51,900+ miles
- Donated 13,850+ hours
- 94% of requests fulfilled!



Overview of Volunteering

Who can apply to volunteer?

Anyone over age 18 (21 to drive)

Why volunteer?

- Improve the lives of your Arlington neighbors!
- Flexible scheduling – pick and choose what you want to do
- Drive members to their important medical appointments and other places so they can get out and about
- Pick up a prescription or groceries
- Offer tech support help members stay connected
- Visit with a member in his/her home to create a new social connection and build a relationship



Overview of Volunteering

How to Become a Volunteer

1. Complete the volunteer application on our website
2. Attend a 55-minute Zoom orientation
3. Complete a background check (and driving record check if applicable)



Overview of Membership

Who can apply to join as a member?

- Arlington County residents over age 55

Why join?

- Access to the extra support needed as one gets older – rides, errands, tech support, companionship, etc.
- Social activities and events
- Info and referral



Overview of Membership

How to join

1. Contact the ANV Office or complete the Membership Interest form on our website
2. Complete application paperwork
3. Participate in an in-home visit
4. Pay the annual membership fee



Overview of Membership

Membership Fees

- The standard fee for one person is \$500 per year
- For a two-person household, the fee is \$750
- We offer reduced fees on a sliding scale between \$25-\$100 per year, depending on income

This handout with detailed information about our fee structure is among our standard tabling materials →



Discounted Annual Membership Fees

These reduced fees are available if your annual income is:
below \$69,780 (individual)

or

below \$79,740 (2-person household)

Discounted Membership Fees Full Individual	
Annual Adjusted Gross Income	Annual Fee
\$58,151 – \$69,780	\$100
\$34,901 – \$58,150	\$50
\$34,900 and below	\$25

Discounted Membership Fees Full Household (2-person)	
Combined Annual Adjusted Gross Income	Annual Fee
\$66,451 – \$79,740	\$150
\$39,901 – \$66,450	\$75
\$39,900 and below	\$37



Sharing information about ANV

Table Setup



Sharing information about ANV

FAQs*

- What does ANV do?
- How do I join as a member? (Or how does someone I know join?)
- How do I volunteer?

When in doubt, refer table visitors to our website and/or encourage them to contact our office



*A more comprehensive list of FAQs will be available for reference at our table and on our website

Arlington Neighborhood Village

Sharing information about ANV

Handouts for general information

500
MEMBERS AGED
58-102

48%
MEMBERS RECEIVE
DISCOUNTED
MEMBERSHIP

320
TRAINED,
ACTIVE VOLUNTEERS

51,935
MILES DRIVEN BY
VOLUNTEERS IN
2025

4,640
SERVICE
REQUESTS
FULFILLED IN
2025

ANV at a Glance

MISSION
ANV's mission is to help older adults age in place safely and independently through volunteer-provided support services and social programs.

OUR VALUES

We are Neighbors
Each member and volunteer is treated with compassion, respect, and kindness. Our village reflects Arlington's rich diversity.

We Strive for Excellence
We measure, monitor, and report our impact.

We Help Seniors Live Well
Health and safety come first and we honor the roles social and emotional well-being play in healthy aging.

We Manage our Village with Distinction
We sustain our village with fiscal discipline, strong management and a diversified funding portfolio.

We are Stronger Together
Collaborating with nonprofits, senior-serving organizations, and the Arlington community, we strengthen the social safety net.

RECOGNITION

- Arlington County Covid Heroes Award
- Arlington Cares Distinguished County Service Award
- Platinum Seal of Transparency of Candid
- Five-Star Rating from GreatNonprofits.org
- Three-Star Rating from Charity Navigator

"I HAVE BEEN A GRATEFUL MEMBER FOR MANY YEARS. AT A TIME WHEN I FELT ALONE AND STRESSED, IT WAS TRULY COMFORTING TO HAVE THE COMPANY OF AN ANV FRIEND."



Arlington Neighborhood Village
Neighbors Helping Neighbors Age in Place
ANVarlington.org

Arlington Neighborhood Village (ANV) is dedicated to helping Arlington residents, aged 55 and older, continue living in their own homes – safely, independently, and with an enhanced quality of life. ANV Volunteers provide some of the 'extra help' that makes this possible, largely through direct, volunteer-provided services such as Transportation and Tech Support; ANV also helps strengthen community connections through social and educational programs, support services, and other resources.

What does ANV offer?
ANV has two Membership categories: Full Membership and Associate Membership.

Full Members access a broad range of direct, volunteer-provided services such as:

- Transportation** – rides to medical and dental appointments, grocery shopping, ANV-sponsored outings, and locations such as the post office, bank, library and beauty/barber shop. (Up to three round-trip rides each week.)
- Errands** – a volunteer to run an errand on your behalf, such as to pick up groceries or other items, or to mail a package or letter.
- Friendly Visitor** – a volunteer to visit you once a week for 1 to 1.5 hours.
- Walking Buddy** – a volunteer to walk with you in your neighborhood, once a week.
- In-Home Tasks** – a volunteer to change light bulbs, replace furnace filters, tighten handles, hang pictures, move boxes and furniture, decorate for holidays, and more.
- Technology Support** – a volunteer to troubleshoot and/or provide instruction to enhance use of your computer, laptop, tablet, TV, phone, printer or other device.
- Occasional yard care** – a volunteer to help with light planting, pruning and more.
- Home Checks** – a volunteer to provide a visual check on your home (exterior) while you are away, and move mail and other deliveries to a designated location.
- Home Safety Assessment** – a volunteer to help identify potential safety concerns in and around your home, to help you identify and plan for modifications you may wish to make to enhance independence and safety in your home.

Full Members and Associate Members have access to:

- Social and educational gatherings, outings, events and activities: such as Bocce, Tai Chi, Board Games, Low-Vision Group, Happy Hour, Seasonal Walks, Lunches, Picnics, Speaker Series, Tours.
- Daily check-in: contact each weekday & follow-up if needed, to determine if you are OK.
- Health and Wellness: fall-prevention classes and opportunities for healthy movement, like bocce and nature walks.
- Arlington County's Department of Parks and Recreation's 55+ Program: Basic Pass
- Subscription to Washington Consumers' CHECKBOOK.
- Discounted Emergency Response System through Virginia Hospital Center.
- Help identifying and accessing local government (County) services.
- Help understanding and selecting home care services.



Do You Want to Age in Place? ANV Can Help You Thrive!



Arlington Neighborhood Village connects older adults to a caring community and the volunteer help needed to live independently in the places they call home.

Arlington Neighborhood Village
4000 Lorcom Lane
Arlington, VA 22207
www.ANVarlington.org



Sharing information about ANV

Handouts for potential volunteers



**Be the Village.
Volunteer with ANV
Today!**

ANV volunteers help older adults with:

- ▶ Transportation for medical appointments, grocery shopping, and more
- ▶ Errands like prescription and grocery pick up
- ▶ Household tasks like changing lightbulbs and smoke detector batteries
- ▶ Being a friendly visitor or walking partner
- ▶ Technical support for computers, phones, TVs
- ▶ Home organization and occasional yard work

**Volunteering with ANV
is flexible and rewarding.**

Volunteers can also share expertise behind the scenes to help with fundraising, office support, events, and more!

Arlington Neighborhood Village helps older adults to continue living safely, independently, and with an enhanced quality of life in their own homes and communities.

Learn more at www.ANVarlington.org



Arlington Neighborhood Village
Neighbors Helping Neighbors Age in Place

Light Up Someone's Life...Volunteer!

Volunteers are essential to Arlington Neighborhood Village

Arlington Neighborhood Village is a non-profit organization dedicated to enabling Arlington County residents aged 55 and older to continue living in their own homes and communities as they age.

Volunteers make our county-wide village work, and we welcome adult volunteers aged 18 and older. We will work with you to match our members' needs to your preferences, schedules, and skills – providing transportation, running errands, assisting with light home repairs, technology, and more. As a volunteer, you'll receive training to provide services for Arlington Neighborhood Village members.

You can also lend your expertise behind the scenes! ANV needs volunteers to help on all the tasks that make an organization run smoothly—from practical, daily tasks like finance and IT to strategic efforts like fundraising and long-range planning. If you have career experience you'd like to contribute, or an area you'd like to learn more about, we'll work with you to find a way to apply your skills and interests.

As an ANV volunteer you'll not only contribute to the well-being of our members, you'll enhance your own life through:

- Effecting positive change in the lives of your neighbors
- Meeting new people and widening your circle of friends and acquaintances
- Developing and strengthening connections to your community
- Increasing your knowledge of your community and its resources
- Learning new skills and developing new interests

ANV needs volunteers to:

- Provide transportation for medical appointments, grocery shopping, the bank, post office, and library (transportation is our most requested service!)
- Run errands like picking up prescriptions or food
- Assist with household tasks like changing lightbulbs, putting batteries in smoke detectors, and hanging pictures
- Be a friendly visitor or walking buddy
- Provide technology support such as computer troubleshooting, help with a smartphone, or setting up a new TV
- Help with home organization and occasional yard or gardening work



Sharing information about ANV

Giveaways

Pens
Jar openers



Post-it notes
Emery boards
Candy



Sharing information about ANV

Tips and Best Practices



Sharing information about ANV

Final Notes

Wear your name badge and your t-shirt

Have Fun!



Questions?

