



Arlington Neighborhood Village

Neighbors Helping Neighbors Age in Place

www.ANVarlington.org

2025 Impact Report

Our Mission: To enable older adults to continue living safely, independently, and with an enhanced quality of life in their own homes and communities as they age by providing access to support services and social programs.

In 2025, ANV served a growing community of older adults who rely on trusted relationships and support to remain independent. By expanding our volunteer corps and strengthening our Financial Aid Fund, ANV was able to reach more vulnerable older adults and ensure our services remained accessible and inclusive.

This work is only possible because of the extraordinary **dedication** of our volunteers, the **generosity** of our supporters, and the **trust** of our members.



2025 By the Numbers

- 503** Members
- 320+** Active Volunteers
- 4,641** Services Provided
- 51,936** Miles Driven
- 13,848** Hours Donated

Who We Served

- 75%** Female / **25%** Male
- 44%** Age 80+
- 68%** Living Alone
- 31%** Rely on a Mobility Device
- 83%** White / **17%** Non-White & Mixed Race
- 46%** Lower-Income Seniors

Neighbors Supporting Neighbors to...

Promote Independence

In 2025, volunteers and staff provided **4,641 services** to ANV members across the community, providing the extra help that allows them to continue living at home.

Services Provided:

- Transportation (Medical): **32%**
- Transportation (Non-Medical): **18%**
- Errands: **16%**
- Home Chores: **13%**
- Friendly Connections*: **12%**
- Technology Support: **5%**
- Other Services: **3%**

*Walking partners, phone buddies, in-person visits

Medical transportation remains ANV's most frequently requested service, underscoring the essential role volunteers play in helping members access critical health care and maintain independence.



Build Community & Connections

Members participated in programs designed to reduce isolation, provide purpose, promote well-being, and strengthen community connections.

- **Movement & Fitness:** Tai Chi, seasonal walks, Stay Active and Independent for Life (SAIL)
- **Learning Programs:** Informative Weekly Coffee & Conversation gatherings, Health & Wellness events
- **Special initiatives** like a Roku device giveaway program in partnership with WETA.
- **Social & Games:** Lunches, dinners, happy hours, seasonal celebrations, book club, bocce, bowling & board games



Grow Stronger Together

ANV continued to expand, connecting more volunteers to the needs of their older neighbors.

- Welcomed 123 new members, growing total membership by **11%**.
- Expanded discounted memberships by **21%**, ensuring access for lower-income older adults.
- Added 136 trained volunteers, increasing ANV's corps by **18%**.
- Trained **33 Community Ambassadors** to inform and connect senior residents with services and resources.

What Our Members Say

95% say ANV makes them feel part of a caring community

95% report that ANV improves their quality of life

81% feel confident remaining in their homes

95% are satisfied or very satisfied with membership

96% would recommend ANV to others

"I would like to take this opportunity to thank you for the amazing experience I had this past year with ANV's volunteers. I was able to make almost all of my medical appointments through your help. You helped me with prescription pick-ups and with downsizing. Thanks to you, I have a rollator! You even changed a lightbulb for me."
Maria, Member

"Most of all, I have made some genuine friends among your volunteers. You have brought me peace of mind and true joy!"
Marie, Member

"I feel I'm doing something worthwhile for my community and often feel I am getting back more than I give."
Colleen, Volunteer

"ANV is doing a great job helping people in Arlington. ANV has helped me with transportation to doctor appointments and with getting to the bank. I am so grateful for the services and the help. ANV is a wonderful organization and I am so happy to be a member."
Alejandra, Member

"Many of the residents that I work with utilize Arlington Neighborhood Village as a resource in their everyday lives. The residents not only use the service for themselves, but refer each other to this resource. The mission of Arlington Neighborhood Village directly reflects the needs of the community."
Community Partner



Partners in Helping Neighbors Thrive

ANV proudly partnered with **Arlington County** and the following organizations to help make Arlington AARP's **#1 Place to Live for Older Adults** (Large Communities) in 2025.

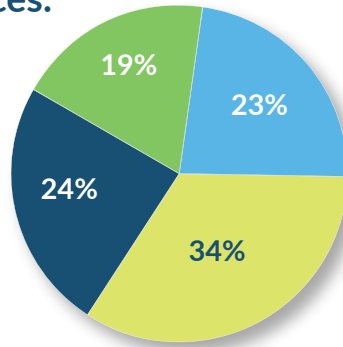
Affordable Housing Communities
Arlington Chamber of Commerce
Arlington Food Assistance Center
Culpepper Garden

Marymount University
True Ground Housing Partners
VHC Health
WETA

Financial Stewardship

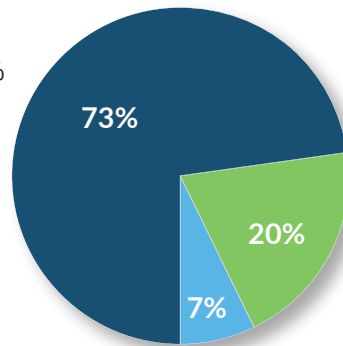
2025 Revenue Sources:

- Membership Dues: 19%
- Individual & Corporate Contributions: 23%
- Grants: 34%
- Other Income*: 24%



2025 Expenses:

- Programs & Services: 73%
- Management & Administration: 20%
- Fundraising: 7%



Total Operating Budget: \$459,415

ANV volunteers contributed 13,848 hours of service, valued at \$512,237, in service to support our work last year.

*"Other" includes a combination of miscellaneous contributions and investment income, including earnings made possible by gifts that support ANV's long-term sustainability.



Tell your friends & neighbors about ANV!

Ways to Support

Go to ANVarlington.org to
Donate or Volunteer
Become a Member

2026 Board of Directors

Mary Beth Chambers, President
Sara Pappa, Vice President
Allan Williams, Treasurer
Sara Pikofsky, Secretary
Christine Dolan
Jason Eaton
Hannah Gao
Dianne Hasselman
Marquan Jackson
Gail Raiman
Kathy Rehill
Connie Sorrentino
Naddia Williams
Wendy Zenker, *Executive Director*

Every Gift Helps a Neighbor

We are grateful to the numerous supporters who contributed to ANV in 2025, helping strengthen a caring community for older adults.

Institutional & Corporate Donors

AFAC
Arlington Community Foundation
Arlington County Government,
Affordable Housing Investment Fund
Arlington County Government,
Opportunities Grant
Assisting Hands Home Care Arlington
Beall & Rehill of Re/Max Distinctive
Cloudbreak Foundation
Consumer Technology Association Foundation
Culpepper Garden
Rock Springs Universal Church of Christ
St. Mary's Episcopal Church
The Bergstrom Foundation, Inc
The Dominion Guild
Washington Forrest Foundation
Westminster at Lake Ridge

ANV Legacy Giving Circle*

Wells Burgess
Patricia Burke
Melinda Carlson
Barbara Carr
Connie Sorrentino
Anita Wallgren

*Legacy Circle members invest in ANV through bequests in their estate plans.