# COFFEE AND CONVERSATION

Every Wednesday from 10-11 am June 2025

# Join Our Weekly Speaker Series!

Attend via Zoom



## Wed, June 4, 2025: Older Adults and Public Libraries

Older adults are a boon to libraries, making up a big portion of patrons, volunteers, friends of the library members, and staff. Libraries offer a wealth of programs and resources for older adults, including history and genealogy programs, book clubs, the talking books program, one-on-one tech help, and online resources such as research databases, ebooks and e-audiobooks. Some libraries offer chair yoga and Zumba, memory cafes, and outreach to assisted living homes. Suzanne LaPierre, a librarian with the Fairfax County Public Library, will talk about these resources and ideas for future innovations.

#### Wed, June 11, 2025: EcoAction Arlington

Through education, action and advocacy, **EcoAction Arlington** works to create a more sustainable and just Arlington community. Members of EcoAction Arlington's tree outreach team will explain how the Arlington County tree planting program extends our tree canopy and promotes environmental justice by ensuring greater shade equity. The presentation will also provide information about how community members can support these efforts.

### Wed, June 18, 2025: From One Hand To Another®

Felecia Brice McFail's *From One Hand To Another® - FOHTA®* Gallery in Arlington's Green Valley is home to her calligraphy as well as works by other local artists. She will share how she made her gallery, located in the basement of her home, into a vibrant community space. Her book, *The DJ Lovely Story: From Basement DJ to Music Executive*, tells how her daughter created a podcast in the FOHTA space that became the springboard for a successful career in the music industry. Felecia currently serves as an Arts Commissioner for Arlington County.

#### Wed, June 25, 2025: Brain Health Breakthroughs: A New Era in Cognitive Care

Sunday Health, located in Vienna, specializes in preventing, diagnosing and treating mild cognitive impairment and dementia. By blending cutting-edge, evidence-based science with experienced and compassionate care, they provide valuable support to individuals and families at any stage of neurocognitive disease.



More information and how to join via Zoom can be found at ANVarlington.org/events



For more information or to learn about the benefits of becoming a member of Arlington Neighborhood Village, contact us at 703.509.8057 or visit ANVarlington.org