

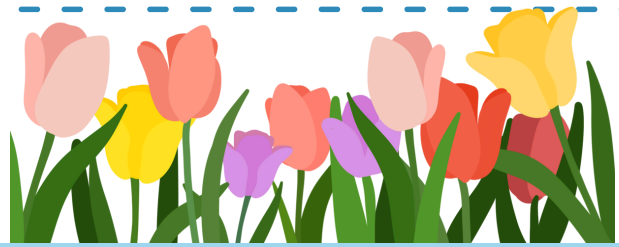
COFFEE AND CONVERSATION

Every Wednesday
from 10-11 am
March 2025



Join Our Weekly Speaker Series!

Attend via Zoom



Wed, March 5, 2025: *What's New on the Pike?*

The Columbia Pike Partnership is dedicated to creating a sense of place and shared community among businesses, residents and visitors to the corridor by capitalizing on its assets, inspiration and unique identity within South Arlington. Andrew Schneider with the Columbia Pike Partnership will provide an update on this thriving corridor.

Wed, March 12, 2025: *Casa Mariflor*

With the rise of the Coronavirus pandemic, Mariflor Ventura was stunned by her community's struggle to afford rent and pay bills. What began as a Facebook group to provide needed supplies such as diapers and formula blossomed into Casa Mariflor, a resource for Latinx immigrants and their children to gain access to the services and support they need. Mariflor was recognized by the Biden-Harris administration for her outstanding volunteer work, and by the Virginia democrat's Arlington Latino Caucus for her service to the Latino Community. She will join us to talk about Casa Mariflor, its mission, and how you can help.

Wed, March 19, 2025: *Avoiding Common Healthcare Scams*

Seniors are targeted for a variety of scams, many of them associated with their insurance or healthcare accounts. This session is designed to teach seniors how to prevent, detect, and report those scams so they can keep their benefits, identity, and finances safe. Shawn Smith, State Director, Virginia Senior Medicare Patrol, will update us on the latest healthcare scams, discuss ways to manage scam phone calls, identify scammer tactics, and understand various marketing ploys scammers use to trap seniors. He will also discuss the free resources that are available to assist you should you become a victim of healthcare fraud.

Wed, March 26, 2025: *Coping with the Loss of a Pet*

Pets often play a key role for older adults by making them feel needed and providing them with unconditional love and companionship. Problems may arise, however, when an older adult must give up a pet to move into an assisted living facility. Anne Marie Farage-Smith, LMHC, www.farage-smith.com, pet loss grief counseling professional, and author, *Healing Wisdom for Pet Loss, An Animal Lover's Guide to Grief*, talks about emotional challenges older adults face when relocating and parting with beloved pets, and ways to adjust to life without a pet.

More information and how to join via Zoom can be found
at ANVArlington.org/events



Daylight Savings - March 9th

Happy
St. Patrick's
Day

For more information or to learn about the benefits of becoming a member of Arlington
Neighborhood Village, contact us at 703.509.8057 or visit ANVArlington.org