

COFFEE AND CONVERSATION

Every Wednesday
from 10-11 am
September 2024



Join Our Weekly Speaker Series!

Attend via Zoom



Wed, September 4, 2024: *Emergency Preparedness*

This summer's brutal heat waves taught us that we need to be prepared for more than just the occasional hurricane or winter snowstorm. Being prepared for whatever Mother Nature throws at us is key to staying safe and minimizing impacts. Bianca Sanchez with Arlington County's Department of Public Safety Communications and Emergency Management will tell us what we need to know to stay safe, no matter the situation.

Wed, September 11, 2024: *The Arlington and Alexandria League of Women Voters*

The League of Women Voters is a nonpartisan organization that focuses on a wide array of issues of concern to the Arlington and Alexandria community. Pamela Berg, President will introduce us to the League and the issues they are focused on, including voter education and voter registration.

Wed, September 18, 2024: *The Impact of Alzheimer's and Dementia in Our Community*

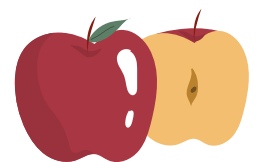
The most common form of dementia, Alzheimer's Disease, impacts not only the individual but family members as well. Ashley Scott, Program Manager, and Michael Smith, Volunteer, Alzheimer's Association, National Capital Area, will review the current data, signs and early detection strategies for Alzheimer's Disease. Current treatments and research will also be shared. Finally, learn how the Alzheimer's Association can assist community members impacted by the disease and how you can help to make a difference.

Wed, September 25, 2024: *Scams & Older Adults*

The movie "Thelma" portrays an older woman who was scammed out of \$10,000 and the lengths she went to getting it back. Although a comedy, it strikes at the core of many older adults' fears about getting scammed. The Consumer Financial Protection Bureau's Lisa Weintraub Schifferle, Senior Policy Analyst, will review top scams including imposter scams, identity theft, credit card and gift card fraud, investment scams and tech support scams.



More information and how to join via Zoom can be found
at ANVarlington.org/events



For more information or to learn about the benefits of becoming a member of Arlington
Neighborhood Village, contact us at 703.509.8057 or visit ANVarlington.org