

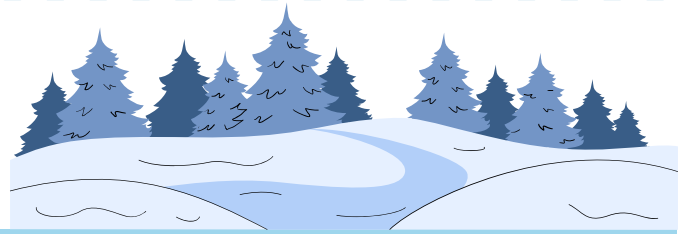
## COFFEE AND CONVERSATION

Every Wednesday  
from 10-11 am  
January 2023



# Join Our Weekly Speaker Series!

Attend via Zoom



### **Wed, January 4, 2023: *Returning to the Road***

Driving with a disability, or returning to the road after an injury or illness can be daunting. Trista Windows, Occupational Therapy Assistant and Certified Driving Rehab Specialist (CDRS) and Amanda Mendez, an occupational therapy assistant and Driving Rehabilitation Specialist with the Driving Rehabilitation Center of Excellence will walk us through what to expect and how to navigate the process.

### **Wed, January 11, 2023: *Dispatch Health - A New Model for Urgent Care***

Do you dread going to the emergency room for urgent care? Afraid of the long wait times, not to mention the exposure to flu or COVID germs? Dispatch Health, in conjunction with INOVA, brings on-demand medical care to you in your home for urgent illnesses and injuries that don't require a trip to the emergency room. Michele Cox, Provider Engagement Specialist with Dispatch Health, will introduce us to this exciting new service, the conditions they treat, and how you can access them when you need urgent care.

### **Wed, January 18, 2023: *Your Digital Life After Death***

Did you know that the average person has 25 online accounts? Do you ever wonder what will happen to your accounts after you die? Erin Byrne, Director of Education and Community Outreach at Tech Moxie will help us understand the laws and company policies that govern these accounts, and why their disposition should be a critical part of your estate planning.

### **Wed, January 25, 2023: *Criminal Justice Reform in Virginia***

The criminal justice system in Virginia is plagued with dysfunction that keeps people locked up for extremely long sentences, disproportionately impacting Black families, and costing taxpayers a billion dollars a year. Mr. Brad Haywood, Executive Director of Justice Forward Virginia, will join us to talk about what they are doing to advance legislation and advocate for comprehensive changes to Virginia's criminal justice system.



## Happy New Year

More information and how to join via Zoom can be  
found at [ANVarlington.org/events](https://ANVarlington.org/events)



For more information or to learn about the benefits of becoming a member of Arlington  
Neighborhood Village, contact us at 703.509.8057 or visit [ANVarlington.org](https://ANVarlington.org)