

COFFEE AND CONVERSATION

Every Wednesday
from 10-11 am
October 2022



Join Our Weekly Speaker Series!

Attend via Zoom



Wed, October 5, 2022: *Learn about Goodwin Living*

Goodwin Living offers senior living and healthcare services, including Hospice and Home Health, to adults ages 55+ in Northern Virginia and Washington, D.C. Eileen Spinella, Community Outreach Hospice Manager, will provide an overview of the residential, hospice and other services available.

Wed, October 12, 2022: *How Does the Smithsonian Do All That?*

Have you ever wondered how the Smithsonian Institution produces outstanding exhibits and memorable collections? Lindsey Bestebreurtje, Ph.D., Curatorial Assistant at the National Museum of African American History and Culture, will tell us about the creativity, research, and hard work from conception to exhibit opening. A Northern Virginia native, Dr. Bestebreurtje also researches Arlington's African American communities from 1860 through the 1970s.

Wed, October 19, 2022: *Coping with Arthritis*

Whether it's a new mysterious ache or you've been living with it for a while, there's much to learn about arthritis. ANV's Health and Wellness Committee will host Mona Burwell, MS, Arthritis Program Coordinator for the Virginia Department of Health. Ms. Burwell will explain the various forms of the disease, new research and treatment, and resources available to help.

Wed, October 26, 2022: *Shirlington Employment and Education Centre (SEEC)*

For more than 20 years, Shirlington Employment and Education Centre (SEEC) has been a powerful community force in support of day laborers and their families. Meet Andres Tober, SEEC Executive Director, who will highlight the many achievements and continuing challenges faced by this unique Arlington-based nonprofit.

**More information and how to join via Zoom can be
found in the online calendar below**



For more information or to learn about the benefits of becoming a member of Arlington Neighborhood Village, contact us at 703.509.8057 or visit arlnvil.org

