

COFFEE AND CONVERSATION

Every Wednesday
from 10-11 am
April 2026



Join Our Weekly Speaker Series!

Attend via Zoom



Wed, April 1, 2026: *Aging Life Care Management*

Heather Suri, BSN RN CMC is the CEO and founder of Pathways in Aging, an Aging Life Care Management practice in Northern Virginia. In this talk, we will learn how Aging Life Care Managers help older adults and their families navigate complex health, care, and life transitions by assessing needs, creating care plans, coordinating services and serving as professional advocates.

Wed, April 8, 2026: *End of Life Doula*

Jane Euler, co-founder of Present for You LLC, will explain the services End-of-Life Doulas provide and how their work both complements and differs from hospice care. Doulas offer non-medical support that works in tandem with the dying person, their care circle and the medical team to ensure that the individual's needs are seen, heard, and honored. End-of-Life Doulas also help loved ones and caregivers better understand care options and navigate the healthcare system during an often overwhelming time. Through compassionate presence and guidance, doulas strive to support the emotional and spiritual well-being of clients and their families throughout the end-of-life journey.

Wed, April 15, 2026: *Church of Jesus Christ of Latter-day Saints*

Briggs Horman will share about the iconic temple of the Church of Jesus Christ of Latter-day Saints that we see from Interstate 495 in Chevy Chase, Maryland. The temple was originally dedicated in 1974 and rededicated in 2022 following major renovations. Briggs will share several events from the history of this landmark and discuss (Q&A) why temples are important within his faith.

Wed, April 22, 2026: *The Arlington Historical Society*

(AHS) is the lead organizer of the county-wide effort to celebrate America's 250th anniversary. AHS is partnering with over 60 civic, service, arts, school, government, and religious organizations. Peter Vaselopulos, Arlington Historical Society President and Chair of the Arlington VA250 Committee will outline plans for Arlington's 250th celebration which include HistoryFest 250, a free, family-friendly, one-day outdoor festival. It will be held on Saturday, May 9, 2026, from 10 a.m. to 5 p.m. at Kenmore Middle School.

Wed, April 29, 2026: *Planning to Age in Place?*

Simple changes for safe, comfortable, and confident aging-in-place. Learn how small, practical home modifications can make a big difference in your safety, comfort, and independence as you age. Louis Tennenbaum of Homes Renewed will highlight easy, affordable changes that reduce fall risk and make everyday activities easier throughout your home. Discover how creating a safer, more functional living space can help you stay in the home you love longer with confidence. Learn about local resources to help you assess and make the changes to your home that are right for you.



More information and how to join via Zoom can be found at
ANVarlington.org/events



For more information or to learn about the benefits of becoming a member of Arlington Neighborhood Village, contact us at 703.509.8057 or visit ANVarlington.org